
Privacy Policy

Effective Date: January 1, 2025

At **WholeBeingJourney.com**, operated by **Shanti Health and Wellness LLC**, we are committed to protecting and respecting your privacy. This *Privacy Policy* explains how we collect, use, and safeguard your personal information when you visit our website, use our services, or interact with us.

1. Information We Collect

We may collect the following types of personal information:

- **Personal Identification Information:** Name, email address, phone number, and any other information you voluntarily provide when filling out forms, subscribing to newsletters, or booking services.
- **Usage Data:** Information about how you use our website, including browsing behavior, pages visited, time spent on the website, etc. This may include cookies and similar technologies.

2. How We Use Your Information

We may use the information we collect for the following purposes:

- To provide and personalize our services, including coaching and wellness advice.
- To send periodic emails, newsletters, or promotional content.
- To respond to inquiries, comments, or customer service requests.
- To improve the functionality and user experience of our website.

3. How We Protect Your Information

No data transmission over the internet can be guaranteed 100% secure, so while we strive to protect your data, we cannot guarantee the security of any information you transmit to us.

4. Sharing Your Information

We will not sell, trade, or rent your personal information to third parties. However, we may share your information with trusted third parties who assist us in operating our website, conducting our business, or providing services to you. These third parties are obligated to keep your information confidential.

5. Cookies and Tracking Technologies

Our website uses cookies and similar technologies to enhance the user experience. Cookies are small files that are stored on your device, allowing us to track your activity and remember

preferences. You can disable cookies through your browser settings, but doing so may limit the functionality of the website.

6. Third-Party Links

Our website may contain links to third-party websites. We are not responsible for the privacy practices or content of these external sites. We encourage you to review the privacy policies of any websites you visit through these links.

7. Your Rights and Choices

You have the right to:

- Access the personal information we hold about you.
- Request corrections to inaccurate or incomplete information.
- Request the deletion of your personal data (subject to certain exceptions).

To exercise these rights or for any privacy-related concerns, please contact us at shw.cassie@gmail.com

8. Changes to This Privacy Policy

We reserve the right to update this Privacy Policy at any time. When we do, we will post the updated policy on this page and revise the "Effective Date" at the top of the page. We encourage you to review this policy periodically to stay informed about how we are protecting your information.

9. Contact Information

If you have any questions or concerns about this Privacy Policy or our data practices, please contact us at:

Email: shw.cassie@gmail.com

Phone: (470) 965-1775
